

OCTOBER 2016

STAFF

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ARNOLD F. HABIG COMMUNITY CENTER
OLDER AMERICANS
1301 St. Charles Street, Jasper, IN 47546
Phone: 812-482-4455
Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Center Open 1-4pm	3 9am-Exercise class 9:45am-Exercise class 12:30pm-Tripoley	4 7:30am-Sign-up for Tropi- cana 11:15am-Blood pressure checks 12pm-Bingo	5 9-10:30am-Free computer Assist. 12:30pm-Mah Jongg 12:30pm-Phase 10	6 9am-Exercise class 9:45am-Exercise class 12:30pm-Cinch tourney 3pm-RSVP Lunch Bunch	7 8:30am-Mah Jongg 10am-Singing Seniors 12:30pm-Hand & Foot	8
9 Center Open f 1-4pm	10 9am-Exercise class 9:45am-Exercise class 12:30pm-Pay Me 3pm-RSVP Catered Meal	11 7:30am-Sign-up for Derby Dinner 11am-Lunch Bunch 12:30pm-Scrabble 12:30pm-Dominoes	12 9-10:30am-Free computer Assist. 12:30pm-Mah Jongg 12:30-Hearts	13 9am-Exercise class 9:45am-Exercise class 12:30-Rum tourney 12:30pm-Book Club	14 8:30am-Mah Jongg 10am-Singing Seniors 12:30pm-Golf 3pm-RSVP for Boomerama	15
16 Center Open 1 -4pm	17 9am-Exercise class 9:45am-Exercise class 12pm-Boomerama 12:30pm-Phase 10	18 11:15am-Blood pressure checks 12pm-Bingo	19 7am-Leave Armory for Covered Bridge Festival 9-10:30am-Free computer Assist. 12:30pm-Mah Jongg	20 9am-Exercise class 9:45am-Exercise class 12:30-Sheephead tourney 12:30-Hand & Foot	21 8:30am-Mah Jongg 10am-Singing Seniors at Cathedra Health Care 12:30pm-Dominoes	22
23 Center Open 1-4pm	24 9am-Exercise class 9:45am-Exercise class 12:30pm-Texas Holdem	25 12:30-Scrabble 12:30pm-Tripoley	26 9-10:30am-Free computer Assist. 12pm-Catered Meal 12:30pm-Mah Jongg 12:30pm-Golf	27 9am-Exercise class 9:45am-No Exercise 12:30pm-Euchre Tourney	28 8:30am-Mah Jongg 10pm-Singing Seniors 12:30pm-Pay Me 3pm-Money due for Tropi- cana	29
30 Center Open 1-4pm	31 9am-Exercise class 9:45am-No Exercise 12:30pm-Hearts					

SEPTEMBER HOMEBOUND 2016

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice. Meals served with milk and margarine. Phone number for meals (812)367-2990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Smoked Sausage Potato Chunks California Blend Vegetables Brownies Wheat Bread	4 Ham & Potato Casserole Peas & Carrots Spiced Pears Wheat Bread	5 Chili Hot Peaches Crackers PBJ Sandwhich	6 Sausage Gravy Hashbrowns Stewed Tomatoes Fresh Fruit Biscuits	7 Pasta Casserole Green Beans Hot Apples Graham Crackers Wheat Roll	8
9	10 Ham & Beans Cornbread Mixed Greens Oatmeal Pie	11 Parmesan Chicken Yam Patties Winter Blend Vegetables Grape Juice Wheat Bread	12 Salisbury Steak/Gravy Mashed Potatoes Green Beans Pudding Wheat Bread	13 Chicken & Dumplings Brussel Sprouts Carrots Raisins Wheat Bread	14 Grilled Cheese Soup Peaches Crackers Cookie	15
16	17 Hot Dog Baked Beans Steamed Cabbage Pineapple Bun	18 Smokey Riblets Corn Broccoli Granola Bar Wheat Bread	19 Chicken/Gravy Mashed Potatoes Green Beans Cranberry Juice Wheat Bread	20 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	21 Chicken Salad Peaches Shredded Lettuce Potatoe Chips Wheat Bread	22
23	24 Country Fried Steak/Gray Mashed Potatoes Vegetable Blend Mandarin Oranges Wheat Bread	25 Hamburger/Cheese Potatoes Hot Pears Cole Slaw Bun	26 Lasagna Roll Up Hot Applesauce Green Beans Graham Cracker Wheat Bread	27 Beef Stew Corn Biscuits Fruit	28 Breaded Cod Mixed Vegetables Diced Potatoes Grandma's Cookies Bun	29
30	31 BBQ Chicken Winter Blend Cheese Potatoes Grape Juice Wheat Bread					

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



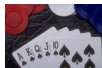
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. It is a good path for exercise and you can enjoy the warm weather as you walk.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



- **TLC CLASS (Tender Loving Crafts)** . Until further notice, Craft Class has been cancelled.

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at the Habig Center to practice. They will be singing at Cathedral Health Care Center on **Friday, October 21st, at 10:00 am.**



- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, October 4th and 18th.**



- **BINGO:** We will play at **12 p.m.** on **Tuesdays, October 4th and 18th.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O									
7	25	44	57	62					
15	22	40	50	70					
11	30			46	74				
2	28	37	55	68					
10	27	39	59	75					

- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **EXERCISE CLASS** For more of a challenge, come in at **9:45 a.m. on Monday and Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.

RAINBOW MESSENGER

CARD TOURNEYS



- **Thursday, October 6th**
Cinch Tourney
- **Thursday, October 13th**
Rum Tourney
- **Thursday, October 20th**
Sheephead Tourney
- **Thursday, October 27th**
Euchre Tourney

Tourneys begin at 12:30 p.m. and end by 3:30pm. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, October 24th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Tuesday, October 11th and Friday, October 21st.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers will be played at **12:30 p.m. Monday, October 10th and Friday, October 28th.** **Please call in by 10 a.m. if you are coming in to play.**

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Monday, October 3rd and Tuesday, October 25th.** It's a great game, and a lot of fun to play! **Please call in by 10 a.m. if you are coming to play.**



- **SCRABBLE:** How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, October 11th and 25th.** **Please call in by 10 a.m. if you are coming to play.**
- **PHASE-10:** Will be played **Wednesday, October 5th and Monday, October 17th at 12:30 p.m.** It is a fun card game that is great for beginners as well! **Please call in by 10:00 a.m. if you are coming to play.**
- **HEARTS:** We will play at **12:30 p.m. on Wednesday, October 12th and Monday, October 31st.** This game is easy to learn and very enjoyable. **Please call in by 10:00 a.m. if you are coming to play.**

- **GOLF:** The card game will be played **Friday, October 14th and Wednesday, October 26th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. **Please call in by 10:00 a.m. if you are coming to play.**

- **HAND AND FOOT:** A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Friday, October 7th and Thursday, October 20th at 12:30p.m.** **Please call in by 10:00 a.m. if you are coming to play.**

- **PUZZLES:** We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.

- **MAH JONGG:** Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday, please call in by 10 a.m. to let us know.** New players welcome.

SPECIAL ACTIVITIES

ALL TRIPS AND ACTIVITIES ARE
ONLY FOR DUBOIS COUNTY
RESIDENTS 55 YEARS AND OLDER.

WHEN SIGNING UP FOR TRIPS, ONLY 4
INDIVIDUALS PER SIGN UP.

- **LUNCH BUNCH:** Join us at the Schnitzelbank on **Tuesday, October 11th**, at **11:00 a.m.** They have a plate lunch for \$8.95 or soup and salad bar for \$9.95, drinks are extra. If preferred, you may order off the menu. As always, the meal is "dutch treat". **Reservations are due by 3:00 p.m. Thursday, October 6th.** Come enjoy good food and visit with friends.



- **CATERED MEAL:** Join us for our catered meal by Sander Catering on **Wednesday, October 26th at 12:00pm.** The menu will be: Pork Chop, cheesy potato casserole, glazed carrots, green beans, sweet and sour slaw, bread & butter and unsweetened iced tea. Cost of the meal is \$8.50 payable at the meal. **Reservations are due to the Center by 3:00 p.m., Monday, October 10th.**

- **BOOMERAMA:** Join us **Monday, October 17th at Noon** for Boomerama. The speaker will be Cynthia Kersteins speaking on Reverse Mortgages. Cost is \$5 for lunch, otherwise, speaker the speaker is free. **RSVP by Friday, October 14th at Noon** if you would like to attend.

- **BOOK CLUB:** On **Thursday, October 13th** we will be discussing, *"My Grandmother Asked Me to Tell You She's Sorry"* by Fredrik Backman. The November book will be, *"A Reason to Live"*, by **Matthew Iden, a Marty Singer mystery.** Retired Police detective, Marty Singer, returns to work to find the stalker of a young woman whose mother was killed by the stalker. Released in the murder of her mother due to lack of evidence, Marty now has a second chance to bring him to justice. New members are always welcome! Club meets in the library downstairs at the Center.

- **BIRTHDAY & ANNIVERSARY:**

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the date, thank you!!

- **BOOK SHELF:** The bookshelves are downstairs in the Habig Room. Thanks to the generosity of so many, we have a great selection to borrow.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for card playing only. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

- **BRIDGE:** **Free beginner and intermediate bridge lessons. Contact:**
Cindy Kluemper at (812)482-3299 or
Mary Ann Seng at (812)482-1101

TRIPS

****There is a \$25.00 charge for all returned checks****

Park County Covered Bridge Festival Wednesday, October 19th

On **Wednesday, October 19th**, we are going to the Parke County Covered Bridge Festival. We will leave the Jasper Armory at 7:00 a.m. and spend the day at Mansfield, Indiana. Don't forget to wear comfortable shoes as we will be walking and browsing the many booths. A short rest break will be taken on the way up and back. We should return around 7:30 p.m. Cost of the trip was \$40.00.

Tropicana Casino Wednesday, November 16th.

We will leave the Jasper Armory at 8:45am with pick-ups in Huntingburg upon request. You will receive an \$8 slot credit, and a free buffet meal. Cost of the trip is \$15. **Phone sign-ups will begin at 7:30am , Tuesday, October 4th.** Each caller may sign up to 4 Dubois County residents. We will need your Tropicana card number or name, address and date of birth when paying. **Money is due by 3pm, Friday, October 28th.** The day of the trip you will need your drivers license or government issued ID to claim your big winnings.

Derby Dinner Playhouse Thursday, December 1st.

We will be attending the matinee of "Honkey Tonk Angels 2016". This is a musical set at the Hillbilly Heaven Club where honky tonk angels reunite! Enjoy the Christmas classics and country favorites of this holiday play. **The bus will leave the Jasper Armory at 9am, December 1st,** with pick-ups in Huntingburg upon request. **You may sign up by phone starting at 7:30am, Tuesday, October 11th.** Cost of the trip will be \$65 for show, meal and transportation. Money is due to the center by 3pm, Tuesday, November 1st. **See notice below regarding Ferdinand pick-ups.**

NOTICE

Our trips will now be leaving from the Armory.

Due to construction on the I-64 bridge at Ferdinand slated through May of 2017, we will be picking up in Jasper and Huntingburg only.



Recipe Exchange

ZESTY CHICKEN

1 2/3 Tbsp Olive Oil
1/2 Cup Soy Sauce
1 2/3 Cup Ketchup
3/4 Cup Honey
3 Minced Garlic Cloves
Salt and Pepper to taste

Mix all together and pour over desired chicken pieces.

Bake in 9x13 pan @ 350 degrees for 1 hour.

Submitted by Phyllis Ackerman

HUNTINGBURG SENIOR CENTER 309 N. Geiger St.

October, 2016

Call the Center at (812) 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. the following **Mondays**:

Cinch: October 3rd, 17th

Euchre: October 10th, 24th.



There will be Bingo on the following **Wednesdays**:

October 5th, 12th, 19th and 26th at 1pm.



OCTOBER BIRTHDAYS

Rafe Schaefer	5th
Michelle Reller	7th
Butch Bohnert	13th
Alfred Coffey	23rd
Michael Lampert	24th
Millie Blemker	28th
Lou Steckler	29th



BOOKS: There are over 400 books on hand for your reading pleasure including: love, inspiration and suspense! Authors include: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others.



Puzzle: We have one started, come in and help put it together!



We are working on a cookbook. If you have recipes to share, contact Rita.

The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game. Several have learned to play this and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

Trips: The following trips are planned for 2017-18 season:

1. **Grapevine, TX**, April 20-25, 2017. 6 days, 5 nights for \$899
2. **Pennsylvania Amish Lands**, July 18-22, 2017. 3 days, 2 nights for \$519. Includes 'Jonah' at Sight and Sound Millennium Theater.
3. **Cape Cod, MA**, Oct 1-7, 2017. 7 days, 6 nights for \$749
4. **Caribbean Cruise** aboard the Norwegian Getaway, February 4-11, 2018 from \$1909 up.

Contact Rita Reller at the Huntingburg Center for more information or by calling 812-683-2994.

CARRY-IN LUNCH

Thursday, October 13th and October 27th. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



BOWLING: Join THE SENIOR FUN GROUP every **Tuesday and Friday at 1:00 at Breakway Lanes**, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. Free coffee and popcorn.



We now have games to play in the park:

Ladder Ball (Hillbilly Golf)
Washers
Croquet
Corn Hole
Horseshoes
Mini Golf

Come check them out Tuesdays, September 6 and September 20 from 9:00 to 11:00 a.m. at the East shelter house at City Park.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

OCTOBER 2016



HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994

Sun	Mon	Tue	Wed	Thu	Fri	Sa
						1
2	3 12:30pm-Cinch tourney Sponsor: Brookside	4 1pm-Bowling	5 1pm-Bingo Sponsor: So Care Hos- pice 2pm-Cards & Games	6 1pm-Cards & Games	7 1pm-Bowling	8
9	10 12:30pm-Euchre tourney	11 1pm-Bowling	12 1pm-Bingo 2pm-Cards & Games	13 12pm-Carry-in Lunch Sponsor: St. Charles 1pm-Cards & Games	14 1pm-Bowling	15
16	17 12:30pm-Cinch tourney Sponsor: Northwood	18 1pm-Bowling	19 1pm-Bingo Sponsor: Scenic Hills 2pm-Cards & Games	20 10am-Crafts with Michelle 12:30pm-Cards & Games	21 1pm-Bowling	22
23	24 12:30pm-Euchre tourney Sponsor: Willowdale	25 1pm-Bowling	26 1pm-Bingo Sponsor: The Waters 2pm-Cards & Games	27 12pm-Carry-in Lunch 1pm-Cards & Games	28 1pm-Bowling	29
30	31 Gym Open for Walking 12pm-Soup 1pm-Cards & Games					